

TEAM ROSTER

As of FRI 20 DEC 2013

Initial Registration 19 DEC 2013 *

NOR - Norway

No	Name	Pos	Shoots/ Catches	Height m / ft in	Weight kg / lbs	Date of Birth	Club	Registration *
1	SOBERG Steffen	GK	L	1.80 / 5'11"	75 / 165	6 AUG 1993	Valerenga	
3	RINDAL Aleksander	D	R	1.87 / 6'2"	86 / 190	4 SEP 1989	Södertälje SK	
4	SORVIK Daniel	D	L	1.83 / 6'0"	83 / 183	11 MAR 1990	Valerenga	
6	HOLOS Jonas	D	R	1.80 / 5'11"	93 / 205	27 AUG 1987	Lokomotive Yaroslavl	
7	TRYGG Mathias	F	L	1.76 / 5'9"	83 / 183	15 MAR 1986	Valerenga	
8	HANSEN Mads	F	L	1.85 / 6'1"	88 / 194	16 SEP 1978	Storhamar Dragons	
10	SPETS Lars Erik	F	L	1.78 / 5'10"	82 / 181	2 APR 1985	Lorenskog	
11	STENE Andreas	F	L	1.91 / 6'3"	92 / 203	1 MAR 1991	Sparta Sarpsborg	
12	HAGA Michael	F	L	1.78 / 5'10"	74 / 163	10 MAR 1992	Frisk Asker	
13	OLDEN Sondre	F	L	1.93 / 6'4"	78 / 172	29 AUG 1992	Valerenga	
17	DJUPVIK LOVLIE Jonas	F	L	1.90 / 6'3"	93 / 205	14 OCT 1990	Sparta Sarpsborg	
21	ASK Morten	F	L	1.85 / 6'1"	91 / 201	14 MAY 1980	Valerenga	
25	HOLM Henrik	GK	L	1.87 / 6'2"	82 / 181	6 SEP 1990	Stavanger Oilers	
27	FROSHAUG Mats	F	L	1.87 / 6'2"	97 / 214	31 JUL 1988	Lorenskog	
28	ROEST Niklas	F	L	1.74 / 5'9"	80 / 176	3 AUG 1986	Karlskoga	
33	BRYHNISVEEN Nicolai	D	R	1.79 / 5'10"	82 / 181	31 OCT 1991	Lillehammer	
34	VOLDEN Lars	GK	L	1.90 / 6'3"	86 / 190	26 JUL 1992	Blues Espoo	
39	SOLBERG Henrik	D	L	1.89 / 6'2"	93 / 205	15 APR 1987	Stavanger Oilers	
42	ODEGAARD Henrik	D	L	1.79 / 5'10"	85 / 187	12 FEB 1988	Missouri Mavericks	
43	LYSTAD JACOBSEN Fredrik	F	L	1.80 / 5'11"	86 / 190	15 FEB 1990	Storhamar Dragons	
44	THORESEN Steffen	F	L	1.80 / 5'11"	88 / 194	3 JUN 1985	Lorenskog	
45	DAHLSTROM Robin	F	L	1.83 / 6'0"	101 / 223	19 JAN 1988	Djurgardens IF	
47	BONSAKSEN Alexander	D	L	1.80 / 5'11"	82 / 181	24 JAN 1987	Valerenga	

Total: 20 players and 3 goalkeepers

Team Officials:

Function	Name	Citizenship	Date of Birth
Physiotherapist:	AASE Jon	NOR	
Media Manager:		NOR	
Team Doctor:	FOSSE Ole	NOR	
Equipment Manager:	GLOSLI Bjorn	NOR	
Goalkeeper Coach:	JAROS Petr	NOR	
Head Coach:	JOHANSEN Roy	NOR	
Equipment Manager:	KARLSSON Nicklas	NOR	
General Manager:	MATHISRUD Bjorn	NOR	
Team Staff:	ORSKAUG Torbjorn	NOR	
Team Video Coach:	SALSTEN Petter	NOR	
Assistant Coach:	STUBDAL Knut Jorgen	NOR	

Facts and Figures:

Average age: 25
Average height: 1.83 / 6'0"
Average weight: 86 / 190



NOTE
* Registration date of single players is only shown when different from Initial Registration date

LEGEND

D Defence	F Forward	GK Goalkeeper	L Shoots or catches Left
No Jersey number	Pos Position	R Shoots or catches Right	