



PLUS-MINUS LEADERS
As of SAT 19 SEP 2026

(Ranked by highest +/- / highest + /lowest GP)

Rank	Name	No.	Team	Pos.	GP	+	-	+/-
1	NICKEL Styrmir	89	SR	F	2	9	0	+9
2	HELGASON Garðar	20	SA	F	2	6	0	+6
3	GYLFASON Andrés	16	FJO	D	2	4	0	+4
3	SIGURDSSON Þorsteinn Ingimar	36	SR	F	2	4	0	+4
3	VALENTINE Guðrún Ásta	10	SA	F	2	4	0	+4
6	HELGASON Örn	82	FJO	F	2	3	0	+3
6	ÓLAFSSON Fannar	51	FJO	F	2	3	0	+3
8	BREKKAN HLYNSSON Pétur Ragnar	13	SR	F	2	2	0	+2
8	BRYNJARSSON Baltasar	68	FJO	F	2	2	0	+2
8	GUNNARSSON Jökull	62	FJO	F	2	2	0	+2
11	ATLASON Óðinn Berg	21	SR	D	2	1	0	+1
11	JÓHANNSSON Fannar	88	FJO	F	2	1	0	+1
11	KRISTJÁNSDÓTTIR Andrea	91	FJO	D	2	1	0	+1
11	RÍKARÐSDÓTTIR Berglind Huld	33	SA	F	2	1	0	+1

Legend:							
+	Positive participation	+/-	Plus/minus net	-	Negative participation	D	Defender
F	Forward	GP	Number of games played	No.	Jersey number	Pos.	Position