



## PLUS-MINUS LEADERS

As of MON 23 MAR 2026

(Ranked by highest +/- / highest + /lowest GP)

Rank	Name	No.	Team	Pos.	GP	+	-	+/-
1	HELGASON Garðar	11	SA	F	9	35	0	<b>+35</b>
2	ÓLAFSSON Þorgrímur	33	SA	F	9	23	0	<b>+23</b>
3	KRISTJÁNSSON Kristján	43	SA	F	9	20	0	<b>+20</b>
4	SIGURJÓNSSON Fjölur	25	SA	D	9	18	0	<b>+18</b>
5	NICKEL Styrmir	89	SR	F	9	21	4	<b>+17</b>
6	JÓHANNSDÓTTIR Kristín Ása	29	SA	D	9	12	0	<b>+12</b>
6	POULSEN Gabriel	60	SA	F	9	12	0	<b>+12</b>
8	VALENTINE Guðrún Ásta	10	SA	F	9	11	0	<b>+11</b>
9	GUÐSTEINSSON Logi	20	SA	F	9	10	0	<b>+10</b>
10	RADISKOVIC Viktor	9	SA	D	9	9	0	<b>+9</b>
11	BENJAMÍNSDÓTTIR Aníta Júlíana	4	SA	F	8	8	0	<b>+8</b>
11	RÚNARSSON Eyþór	12	SA	F	8	8	0	<b>+8</b>
13	ÁSGEIRSSON Rökkvi	48	SR	F	6	11	4	<b>+7</b>
14	ARNARSSON Hilmar	18	SA	F	8	7	0	<b>+7</b>
15	MARGEIRSDÓTTIR Kristín Elma	6	SA	F	7	6	0	<b>+6</b>
16	LÁRUSSON Arnar Gauti	22	SR	F	8	6	1	<b>+5</b>
17	RAGNARSSON Ólafur	7	SA	D	9	5	0	<b>+5</b>
18	AXFJÖRÐ JÓNSSON Jónatan	77	SR	F	5	3	0	<b>+3</b>
18	ÓLAFSSON Hilmar Þór	44	SR	F	5	3	0	<b>+3</b>
20	BRYNJÓLFSSON Logi	16	SA	F	9	3	0	<b>+3</b>
21	BJARKASON Jökull Máni	7	SR	D	1	3	1	<b>+2</b>
22	SIGURJÓNSSON Jónatan	13	SA	F	3	2	0	<b>+2</b>
23	ÁRNADÓTTIR JENSEN Sandra	45	SR	F	7	6	5	<b>+1</b>
24	BJARNADÓTTIR Yífa	88	SR	F	9	6	5	<b>+1</b>
25	BJARNASON Magnús Þór	9	SR	D	8	5	4	<b>+1</b>
26	EINARSDÓTTIR Elfur Íris	38	SR	F	9	2	1	<b>+1</b>
27	HELGASON Örn	96	SA	F	1	1	0	<b>+1</b>
28	SIGURÐSSON Þorsteinn Ingimar	36	SR	F	9	7	7	<b>0</b>
29	DAVIDSDÓTTIR Kristína Ngoc Linh	10	SR	F	1	1	1	<b>0</b>
30	STEINARSDÓTTIR Emilía Rán	81	SR	D	2	2	3	<b>-1</b>

Legend:							
<b>+</b>	Positive participation	<b>+/-</b>	Plus/minus net	<b>-</b>	Negative participation	<b>D</b>	Defender
<b>F</b>	Forward	<b>GP</b>	Number of games played	<b>No.</b>	Jersey number	<b>Pos.</b>	Position