



PLUS-MINUS LEADERS

As of WED 6 MAY 2026

Including Game 18

(Ranked by highest +/- / highest + /lowest GP)

Rank	Name	No.	Team	Pos.	GP	+	-	+/-
1	HELGASON Garðar	61	SA	F	11	44	0	+44
2	ÓLAFSSON Þorgrímur	33	SA	F	12	33	0	+33
3	KRISTJÁNSSON Kristján	43	SA	F	12	25	0	+25
3	SIGURJÓNSSON Fjöltnir	25	SA	D	12	25	0	+25
5	NICKEL Styrmir	89	SR	F	12	27	4	+23
6	POULSEN Gabríel	60	SA	F	12	22	0	+22
7	RAGNARSSON Ólafur	7	SA	D	12	17	0	+17
8	RÚNARSSON Eypór	12	SA	F	11	15	0	+15
8	VALENTINE Guðrún Ásta	10	SA	F	11	15	0	+15
10	GUÐSTEINSSON Logi	20	SA	F	12	15	0	+15
10	RADISKOVIC Viktor	9	SA	D	12	15	0	+15
12	BENJAMÍNSDÓTTIR Aníta Júlíana	4	SA	F	11	13	0	+13
13	JÓHANNSDÓTTIR Kristín Ása	29	SA	D	12	12	0	+12
14	HELGASON Örn	96	SA	F	3	10	0	+10
15	ÁSGEIRSSON Rökkvi	48	SR	F	9	13	4	+9
16	ARNARSSON Hilmar	18	SA	F	10	7	0	+7
17	LÁRUSSON Arnar Gauti	22	SR	F	11	7	1	+6
18	MARGEIRSDÓTTIR Kristín Elma	6	SA	F	7	6	0	+6
19	AXFJÖRÐ JÓNSSON Jónatan	77	SR	F	8	4	0	+4
20	ELISABETHARSON Hinrik	88	FJO	F	4	4	1	+3
21	ÓLAFSSON Hilmar Þór	44	SR	F	8	3	0	+3
22	BRYNJÓLFSSON Logi	16	SA	F	12	3	0	+3
23	BJARKASON Jökull Máni	7	SR	D	2	3	1	+2
24	SIGURJÓNSSON Jónatan	13	SA	F	3	2	0	+2
25	SIGURDSSON Þorsteinn Ingimar	36	SR	F	12	8	7	+1
26	ÁRNADÓTTIR JENSEN Sandra	45	SR	F	10	6	5	+1
27	BJARNADÓTTIR Yífa	88	SR	F	12	6	5	+1
28	BJARNASON Magnús Þór	16	SR	D	11	5	4	+1
29	EINARSDÓTTIR Elfur Íris	38	SR	F	12	2	1	+1
30	DAVIDSDOTTIR Kristína Ngoc Linh	10	SR	F	1	1	1	0

+	Positive participation	+/-	Plus/minus net	-	Negative participation	D	Defender
F	Forward	GP	Number of games played	No.	Jersey number	Pos.	Position