



PLUS-MINUS LEADERS
As of SUN 21 DEC 2025

(Ranked by highest +/- / highest + /lowest GP)

Rank	Name	No.	Team	Pos.	GP	+	-	+/-
1	HELGASON Örn	18	SA	F	5	19	0	+19
2	GUÐLAUGSDÓTTIR Aþena Elínrós	16	SA	D	5	8	0	+8
3	RÍKARÐSDÓTTIR Berglind Huld	2	SA	F	5	7	0	+7
4	ATLASON Óðinn Berg	21	SR	F	5	6	0	+6
5	BREKKAN HLYNSSON Pétur Ragnar	13	SR	F	6	6	0	+6
6	DANÍELSSON KOLÁR Jakob Máni	12	SR	D	3	5	0	+5
6	INGADÓTTIR Tinna Björg	20	SA	F	3	5	0	+5
8	FRIÐLEIFSSON Gunnar Ómar	7	SR	F	6	5	0	+5
8	ÓLAFSSON Hilmar Þór	44	SR	F	6	5	0	+5
10	STURLUSON Fenrir	97	FJO	F	4	4	0	+4
11	INGÞÓRSDÓTTIR Elísabet Helga	19	SA	F	5	4	0	+4
12	BRYNJÓLFSSON Logi	88	SA	F	1	3	0	+3
12	SVEINSSON Birnir Dalli	11	SR	F	1	3	0	+3
14	STURLUSON Fáfir	8	FJO	D	3	3	0	+3
15	AXFJÖRD JÓNSSON Jónatan	77	SR	F	4	2	0	+2
15	HREINSSON Halldór Hugi	32	SR	F	4	2	0	+2
15	KUYLEN DRÍFUSON Ámundi	50	SR	F	4	2	0	+2
15	NORÐDAHL Baldur Þór	98	SR	D	4	2	0	+2
15	RAGNARSSON Anton	43	SA	F	4	2	0	+2
20	JÓHANNSSON Fannar	88	FJO	F	5	2	0	+2
21	TEITSDÓTTIR Tinna	34	SR	F	2	1	0	+1
22	ÞÓRHALLSDÓTTIR Eygló Yrsa	12	FJO	D	3	1	0	+1
23	EINARSSON Kristján	33	FJO	F	4	1	0	+1
23	PÉTURSSON Þormar	23	SA	F	4	1	0	+1
23	ÞÓRHALLSSON Viktor	25	SA	F	4	1	0	+1
26	FREYSSON Rökkvi	28	FJO	F	5	1	0	+1

Legend:							
+	Positive participation	+/-	Plus/minus net	-	Negative participation	D	Defender
F	Forward	GP	Number of games played	No.	Jersey number	Pos.	Position