



PLUS-MINUS LEADERS

As of SAT 18 APR 2026

(Ranked by highest +/- / highest + /lowest GP)

Rank	Name	No.	Team	Pos.	GP	+	-	+/-
1	HELGASON Örn	18	SA	F	9	35	0	+35
2	BREKKAN HLYNSSON Pétur Ragnar	13	SR	F	11	15	0	+15
3	DANÍELSSON KOLÁR Jakob Máni	12	SR	D	8	14	0	+14
4	ATLASON Óðinn Berg	21	SR	F	10	11	0	+11
5	GUÐLAUGSDÓTTIR Apena Elínros	16	SA	D	10	9	0	+9
5	RÍKARÐSDÓTTIR Berglind Huld	2	SA	F	10	9	0	+9
7	NORÐDAHL Baldur Þór	98	SR	D	9	7	0	+7
8	JÓHANNESDÓTTIR Brynja Líf	23	FJO	F	7	6	0	+6
9	ÓLAFSSON Hilmar Þór	44	SR	F	6	5	0	+5
10	INGADÓTTIR Tinna Björg	20	SA	F	7	5	0	+5
11	FRÍÐLEIFSSON Gunnar Ómar	32	SR	F	8	5	0	+5
12	STURLUSON Fenrir	97	FJO	F	7	4	0	+4
13	HREINSSON Halldór Hugi	64	SR	F	8	4	0	+4
14	INGÞÓRSDÓTTIR Elísabet Helga	19	SA	F	10	4	0	+4
15	BRYNJÓLFSSON Logi	88	SA	F	1	3	0	+3
15	SVEINSSON Birnir Dalli	11	SR	F	1	3	0	+3
17	STURLUSON Fáfur	8	FJO	D	6	3	0	+3
18	AXFJÖRÐ JÓNSSON Jónatan	77	SR	F	4	2	0	+2
18	ÞORVALDSDÓTTIR Eva Kristín	26	SA	F	4	2	0	+2
20	RAGNARSSON Anton	43	SA	F	5	2	0	+2
21	EINARSSON Guðsteinn	57	FJO	D	7	2	0	+2
21	ÞÓRHALLSSON Viktor	24	SA	F	7	2	0	+2
23	FREYSSON Rökkvi	28	FJO	F	9	2	0	+2
23	JÓHANNSSON Fannar	88	FJO	F	9	2	0	+2
23	KUYLEN DRÍFUSON Ámundi	50	SR	F	9	2	0	+2
23	PÉTURSSON Þormar	23	SA	F	9	2	0	+2
27	TEITSDÓTTIR Tinna	34	SR	F	2	1	0	+1
28	BRYNJARSSON Birgir	84	FJO	F	7	1	0	+1
28	ÞÓRHALLSDÓTTIR Eygló Yrsa	12	FJO	D	7	1	0	+1
30	EINARSSON Kristján	33	FJO	F	8	1	0	+1

+	Positive participation	+/-	Plus/minus net	-	Negative participation	D	Defender
F	Forward	GP	Number of games played	No.	Jersey number	Pos.	Position